


## Addiction support


### **General Practitioner (GP) Surgery**

Your GP Surgery may be able to refer you for support. Simply contact them direct. If you are not registered with a GP, call or email the surgery you would like to attend and ask to be registered as a patient

### **With You**

Offers a range of online and face-to-face support to adults and young people experiencing issues with drugs or alcohol

 Liverpool South | 0151 541 2856

 2-12 St Mary's Road, Garston, L19 2RY, Liverpool


 Liverpool Central | 0151 706 7888


 The Foundry, 36 Henry Street, L1 5BS, Liverpool

 [wearewithyou.org.uk](http://wearewithyou.org.uk)

### **NHS Drug and Alcohol Service**

Helping people with drug and alcohol problems both in the community and as an inpatient

 For drug misuse you can self-refer into Brook Place | 0151 330 8260


 Brook Place, Orphan Drive, Tuebrook, Liverpool, L6 7UN

 For alcohol you can contact Liverpool Community Alcohol Service | 0151 471 7784


 [merseycare.nhs.uk/alcohol-services](http://merseycare.nhs.uk/alcohol-services)

### **Sanctuary Family Support**

Offers one-to-one support, advice, counselling, holistic therapies, relapse prevention and much more

 0151 735 0747

 [ruth@sanctuaryfs.org](mailto:ruth@sanctuaryfs.org)


 [sanctuaryfs.com](http://sanctuaryfs.com)

### **Alcoholics Anonymous (AA)**

Offers a recovery program based on one alcoholic helping another. Call or search online to find your nearest meeting place


 0800 9177 650 | Call free

 [help@aamail.org](mailto:help@aamail.org)

 [alcoholics-anonymous.org.uk](http://alcoholics-anonymous.org.uk)

## **Frank**


Talk to Frank for honest facts, support and advice on drugs and alcohol


 0300 123 6600 | 24/7

 [talktofrank.com](http://talktofrank.com)

## **GamCare**


Offers support and treatment for anyone affected by gambling plus numerous resources, including online courses, chatrooms and the National Gambling Helpline


 0808 8020 133 | Call free, 24/7

 [gamcare.org.uk](http://gamcare.org.uk)

## **Smokefree Liverpool**

Face-to-face, over the phone or online, they offer expert advice and guidance on stopping smoking

 0800 061 4212 | 0151 374 2535 | Text QUIT to 66777

 [smokefreeliverpool.co.uk](http://smokefreeliverpool.co.uk)