



Donations need to be received by mid-December so they can reach people in need before Christmas.

Visit our website to find out how to donate and to check opening times.

1	2	3	4	5	6
Instant noodles	Shampoo	Tinned meat	Tinned tomatoes	Rice	Deodorant
7	8	9	10	11	12
Biscuits	Tinned custard	Tinned fish	Instant coffee	Jam	Toothpaste
40		40	40	40	40
13	14	15	16	17	18
Tea bags	14 Sugar	Long-life fruit juice	Instant mash potatoes	Tinned vegetables	Cooking sauces
		Long-life	Instant mash	Tinned	Cooking