

Extra helpings | More support and advice about


Addiction support

General Practitioner (GP) Surgery


Your GP Surgery may be able to refer you for support. Simply contact them direct. If you are not registered with a GP, call or email the surgery you would like to attend and ask to be registered as a patient.


River - Liverpool Drug and Alcohol Support Services


Offers a range of online and face-to-face support to adults and young people experiencing issues with drugs or alcohol.

 Garston Hub | 0151 706 7888

 4-12 St Mary's Road, Garston, L19 2RY, Liverpool

 City Centre Hub | 0151 706 7888


 The Foundry, 36 Henry Street, L1 5BS, Liverpool


 changegrowlive.org/liverpool

 liverpool.info@cgl.org.uk

NHS Drug and Alcohol Service

Helping people with drug and alcohol problems both in the community and as an inpatient.

 For drug misuse you can self-refer into
Brook Place | 0151 330 8260


 Brook Place, Orphan Drive, Tuebrook, Liverpool, L6 7UN

 For alcohol you can contact Liverpool Community Alcohol Service | 0151 471 7784


 merseycare.nhs.uk/alcohol-services

Sanctuary Family Support

Offers one-to-one support, advice, counselling, holistic therapies, relapse prevention and much more.


 0151 735 0747

 ruth@sanctuaryfs.org


 sanctuaryfs.com

Alcoholics Anonymous (AA)

Offers a recovery program based on one alcoholic helping another. Call or search online to find your nearest meeting place.

 0800 9177 650


 help@aamail.org

 alcoholics-anonymous.org.uk

More details overleaf >

Frank


Talk to Frank for honest facts, support and advice on drugs and alcohol.

 0300 123 6600

 talktofrank.com

GamCare


Offers support and treatment for anyone affected by gambling plus numerous resources, including online courses, chatrooms and the National Gambling Helpline.

 0808 8020 133

 gamcare.org.uk

Smokefree Liverpool

Face-to-face, over the phone or online, they offer expert advice and guidance on stopping smoking.

 0800 061 4212 | 0151 374 2535 | Text QUIT to 66777

 smokefreeliverpool.co.uk