


Extra helpings | More support and advice about

Asylum seekers, refugees and other migrants

Asylum Link Merseyside

Offering practical support and friendship, including social activities, clothes, daily food, English classes and support for destitute people.


 0151 709 1713


 info@asylumlink.org.uk

 asylumlink.org.uk

Refugee Women Connect

A women-only charity providing drop-ins, workshops, activities and classes with support and information on a range of topics.


 0151 305 1070

 info@refugeewomenconnect.org.uk

 refugeewomenconnect.org.uk

Migrant Help


Help with the asylum process, including accommodation and finances plus specialist support / accommodation to victims of human trafficking and modern slavery.

 0808 8010 503


 migranthelpuk.org


Mary Seacole House

Provides mental health support and resource to assist in emotional and practical matters for multicultural communities. Offers a place to come together in a safe environment.

 0151 707 0319


 info@maryseacolehouse.com

 maryseacolehouse.com

 2 Princes Road, Liverpool L8 1TH

Merseyside Refugee Support Network (MRSN)

Provides practical help to refugees 'moving-on' from the asylum system, including help to access emergency welfare, housing support, managing utilities.

 0151 709 7557


 info@mrsnliverpool.org.uk

 mrsnliverpool.org.uk

More details overleaf 


Family Refugee Support Project

Offers therapeutic counselling and gardening to help clients regain their strength and deal with past trauma and difficulties. They work with families and individuals.

 0151 728 9340


 info@frsp.org.uk

 frsp.org.uk


 Toxteth Town Hall, 15 High Park Street, Liverpool L8 8DX

Sahir House

Support for those seeking asylum who are living with HIV. Also offers a programme for LGBTQ+ asylum seekers and refugees.


 0151 673 1972


 info@sahir.uk.com

 sahir.org.uk

Kuumba Imani Centre (L8 A Better Place)


Drop in session every Monday 1:00pm- 2.30pm for anyone (including kids) who want to practice speaking English. Friendly, informal chat over tea and biscuits.

 0151 708 5278


 4 Princes Road, Liverpool, L8 1TH

Care4Calais

Assistance with registering with a GP, school admissions, English lessons, clothes / essential items plus drop in events.


 07984 228894

 liverpool@care4calais.org


 care4calais.org

Other useful websites


 Our Liverpool: liverpool.gov.uk/adult-social-care/our-liverpool-support-for-refugees-and-asylum-seekers/

 Right to Remain: righttoremain.org.uk

 Social Inclusion Team: merseycare.nhs.uk/our-services/liverpool/social-inclusion-team

 No Recourse to Public Funds (NRPF): nrpfnetwork.org.uk

 Liverpool Law Clinic: liverpool.ac.uk/law/liverpool-law-clinic

 Vauxhall Law Centre: vauxhalllawcentre.org.uk