


Extra helpings | More support and advice about

# Benefits, benefit claims and grants

## **Help Through Hardship**


Free helpline, open to all. Personalised support and advice on benefit entitlement and help with claims and emergency issues.


 0808 208 2138

 [trusselltrust.org/get-help/help-through-hardship-helpline](https://trusselltrust.org/get-help/help-through-hardship-helpline)

## **Liverpool Citizens Support Scheme**

Offers emergency / crisis support via 'urgent needs awards' (for food and basic necessities) and 'home needs awards' (for furniture and household essentials).

 0800 456 1523 | 0151 233 3053

 [liverpool.gov.uk/benefits/help-in-a-crisis/liverpool-citizens-support-scheme](https://liverpool.gov.uk/benefits/help-in-a-crisis/liverpool-citizens-support-scheme)

## **Benefits Maximisation Service**


Able to check what benefits you're entitled to or if existing benefits are correct. Helps with claims, form filling and challenging award decisions.

 0800 028 3697 | 0151 233 3009


 [liverpool.gov.uk/benefits/advice-and-support/benefits-advice/](https://liverpool.gov.uk/benefits/advice-and-support/benefits-advice/)


## **Citizens Advice**

Wide range of advice, support and information on benefits and tax credits. Free, confidential and available to everyone.

 General: 0808 278 7840

 Universal Credit Help to Claim: 0800 144 8444


 Debt Advice: 0300 330 1196

 If English isn't your first language, ask your advisor for 'Language Line' and they will call you back with a translator on the call

 [citizensadvice.liverpool.org.uk](https://citizensadvice.liverpool.org.uk)

## **Raise**

Helps you understand your entitlements and how to claim them (including form filling). Assists with challenging award decisions and applying for grants. Free and available to residents of specific housing associations (call number below for details).

 0151 459 1556

 [admin@raiseadvice.org.uk](mailto:admin@raiseadvice.org.uk)

 [raiseadvice.org.uk](https://raiseadvice.org.uk)

More details overleaf 

## **Community Money Advice (CMA)**

Offers a free, face-to-face money and debt advice service. Open to all, they aim to help people overcome their money problems and become debt free. Drop-ins running at the following locations - call, email or go online for details / times.

**St Andrew's Debt Advice** | 16 Larkhill Lane, Clubmoor L13 9BR



0151 226 3406



debt@standrewslive.org.uk



standrewslive.org.uk

### **Freedom CMA Debt Advice Centre**



07449 406339



debt@freedomchurchliverpool.co.uk



freedomchurchliverpool.co.uk

## **Merseyside Law Centre**

Provides specialist legal advice and assistance relating to welfare benefits. Contact them by 'phone or online. Face-to-face drop ins also running, please check website or call for details.



0151 709 0504



merseysidelawcentre.co.uk

## **Turn 2 Us**

Provides a free, online Benefits Calculator plus lots of information so you can check what you're entitled to. Helpline also available for people who can't get online.



0808 802 2000



turn2us.org.uk