

Extra helpings | More support and advice about

# Debt advice and money management

## **National Debtline**

Free, independent advice over the phone and online. Open to all, find out how to make the most of your money and what to do if you can't afford your living costs.



0808 808 4000



[nationaldebtline.org](https://nationaldebtline.org)

## **Step Change**

Free advice, open to all, online or over the phone. Offers a wide range of practical debt solutions and a straightforward advice process to help you deal with your debts.



0800 138 1111



[stepchange.org](https://stepchange.org)

## **Citizens Advice**

Specialist team offering free advice to all by phone, online or appointment on a range of debt and money matters. Drop in sessions also running - check website or call for details.



Debt Advice: 0300 330 1196



[citizensadvice.liverpool.org.uk](https://citizensadvice.liverpool.org.uk)



If English isn't your first language, ask your advisor for 'Language Line' and they will call you back with a translator on the call

## **Christians Against Poverty**

Free, expert debt advice, open to all. Supports you all the way to becoming debt free. Also offers help with budgeting and finding work.



0800 328 0006



[capuk.org](https://capuk.org)

## **Help Through Hardship**

Free helpline, open to all. Offers personalised support and advice if you're worried about money and struggling to afford essentials.



0808 208 2138




[trusselltrust.org/get-help/help-through-hardship-helpline](https://trusselltrust.org/get-help/help-through-hardship-helpline)

More details overleaf 

## **Community Money Advice (CMA)**

Offers a free, face-to-face money and debt advice service. Open to all, they aim to help people overcome their money problems and become debt free. Drop-ins running at the following locations - call, email or go online for details / times.


**St Andrew's Debt Advice** | 16 Larkhill Lane, Clubmoor L13 9BR

 0151 226 3406


 [debt@standrewslive.org.uk](mailto:debt@standrewslive.org.uk)

 [standrewslive.org.uk](http://standrewslive.org.uk)

### **Freedom CMA Debt Advice Centre**


 07449 406339

 [debt@freedomchurchliverpool.co.uk](mailto:debt@freedomchurchliverpool.co.uk)

 [freedomchurchliverpool.co.uk](http://freedomchurchliverpool.co.uk)

## **Raise**

Provides practical and effective solutions to help you manage your debts and create a personalised plan to get you back on track. Free and open to all.


 0151 459 1556

 [admin@raiseadvice.org.uk](mailto:admin@raiseadvice.org.uk)

 [raiseadvice.org.uk](http://raiseadvice.org.uk)

## **Debt Advice Foundation**


A specialist debt charity offering free, confidential advice on any aspect of debt. Open to all, they aim to find a solution to help you regain control of your finances.

 0800 043 4050

 [debtadvicefoundation.org](http://debtadvicefoundation.org)

## **Stop Loan Sharks**


If you think you're paying money to a loan shark, Stop Loan Sharks can help. They'll investigate, offer one to one support and help with debt issues and advice on borrowing safely.

 0300 555 2222 or Text / WhatsApp on 07860 022116

 [stoploansharks.co.uk](http://stoploansharks.co.uk)

 [reportaloanshark@stoploansharks.gov.uk](mailto:reportaloanshark@stoploansharks.gov.uk)

## **Other useful contacts / websites**

 **DWP Debt Management Service** (available if you have to repay a DWP debt): 0800 916 0647

 **Money Helper:** [moneyhelper.org.uk](http://moneyhelper.org.uk)