

Extra helpings | More support and advice about

# School uniforms and clothing

## **If you're struggling to pay for school uniforms or PE kits:**


**Contact the school direct to find out what support is available.** They may run a second hand scheme / swap shop or they may be able to help towards the cost.

**Don't forget to check on social media, online or in your community. There may be local schemes running.**

**The following organisations may also be able to help.**


### **Money Saving Expert Website**

Handy tips on how to save money on uniforms - includes supermarket offers, sales, money off deals and freebies.

 [moneysavingexpert.com/deals/school-uniform-moneysaving-tips](https://moneysavingexpert.com/deals/school-uniform-moneysaving-tips)

### **Local councillor**


You can contact your local councillor / MP for support. Find yours using the websites below.

 [gov.uk/find-your-local-councillors](https://gov.uk/find-your-local-councillors)

 [members.parliament.uk](https://members.parliament.uk)

### **The Original Swap Shop**

Based in Speke and open every Friday from 10:30am to 12 noon. Swap unwanted, outgrown school uniforms plus other clothing, footwear, bedding, curtains and baby items.

 Speke Training and Education Centre, Unit House, Evans Rd, Speke Blvd, Speke, Liverpool L24 9HZ

### **Charity Shops**

You can often find pre-worn uniforms at your local charity shop. Search for your nearest shop using the link below.

 [charityretail.org.uk/find-a-charity-shop](https://charityretail.org.uk/find-a-charity-shop)

### **eBay, Facebook Marketplace, Freecycle**

Visit and search these online sites to see if there are any deals or freebies to be had.