

Harvest appeal



Help support your local food bank this Harvest

Hundreds of people, families and children are being forced to turn to our food bank each week and it's likely that this situation will worsen over the winter months.

Donate food



Donate an item or two from our shopping list, ensuring we can provide food for people facing hardship in your community.

Donate money



Help to cover the costs of storing and distributing food, as well as developing sustainable projects.

Shopping list

Tinned meat

Tinned fruit

Tinned tomatoes

Instant coffee

Milk (UHT or powdered)

Tinned veg

Fruit juice (long-life)

Tinned custard

Tinned fish

Laundry detergent

Thank you! Visit our website or scan the QR code to find out how and where to donate.

southliverpool.foodbank.org.uk

