

Harvest appeal



Please donate an item or two from the list to help local people left without enough money to live on.

Shopping list

Tinned meat

Tinned fruit

Tinned tomatoes

Instant coffee

Milk (UHT or powdered)

Tinned veg

Fruit juice (long-life)

Tinned custard

Tinned fish

Laundry detergent

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Our food bank:

1. Provides emergency food and practical support to local people in their hardest moments.
2. Works with local partners to get people the right help, so they're less likely to need the food bank again.
3. Is part of a UK-wide community of food banks, working together with Trussell to ensure no one needs a food bank to survive.



southliverpool.foodbank.org.uk

Our food bank:

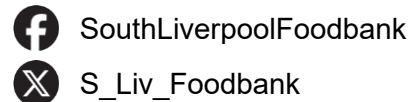
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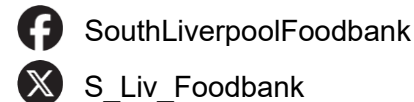
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